

## CONFIRMATION PRAYERS

### **The Sign of the Cross**

In the name of the Father and of the Son  
and of the Holy Spirit. Amen

### **The Hail Mary**

Hail Mary, Full of Grace,  
The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of death. Amen.

### **The Our Father**

Our Father, Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come. Thy Will be done,  
on earth as it is in Heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil. Amen.

### **The Ten Commandments**

1. I am the LORD your God:  
you shall not have strange Gods before me.
2. You shall not take  
the name of the LORD your God in vain.
3. Remember to keep holy the LORD'S Day
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

## CONFIRMATION PRAYERS

### **Nicene Creed (Niceno-Constantinopolitan Creed)**

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
**and by the Holy Spirit was incarnate of the Virgin Mary, and became  
man.**  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## CONFIRMATION PRAYERS

### **The Two Commandments of Love**

1. You shall love the Lord your God with all your heart, with all your soul, and with all your mind.
2. You shall love your neighbor as yourself.

### **The 3 Theological Virtues**

1. Faith
2. Hope
3. Love / Charity

### **The Seven Gifts of the Holy Spirit**

1. Wisdom
2. Understanding
3. Counsel
4. Fortitude
5. Knowledge
6. Piety
7. Fear of the Lord

### **The Twelve Fruits of the Holy Spirit**

1. Charity
2. Joy
3. Peace
4. Patience
5. Kindness
6. Goodness
7. Generosity
8. Gentleness
9. Faithfulness
10. Modesty
11. Self-Control
12. Chastity

## CONFIRMATION PRAYERS

### **The Seven Sacraments of the Church**

1. Baptism
2. Confirmation
3. Holy Eucharist
4. Penance
5. Anointing of the Sick
6. Holy Orders
7. Matrimony

### **The 5 Precepts of the Catholic Church**

1. You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor.
2. You shall confess your sins at least once a year.
3. You shall receive the sacrament of the Eucharist at least during the Easter season.
4. You shall observe the days of fasting and abstinence established by the Church.
5. You shall help to provide for the needs of the Church.

### **Act of Contrition**

O my God, I am heartily sorry for having offended Thee,  
and I detest all my sins because of Thy just punishments,  
but most of all because they offend Thee, my God,  
Who art all-good and deserving of all my love.  
I firmly resolve, with the help of Thy grace,  
to sin no more and to avoid the near occasions of sin. Amen